

**DEPARTMENT OF INDUSTRIAL RELATIONS
INDUSTRIAL MEDICAL COUNCIL**

P. O. Box 8888

San Francisco, CA 94128

Tel. No.: (650) 737-2700 or 1-(800) 794-6900 Fax No.: (650) 737-2711

**HOW TO REQUEST A QUALIFIED MEDICAL EVALUATOR****IF YOU DO NOT HAVE A LAWYER**

Since you do not have a lawyer, you may ask the Industrial Medical Council for help in getting a Qualified Medical Evaluator (QME). The QME will look at your injury and answer medical questions about it.

To ask for a QME, please fill out the attached form and return immediately. You may ask for help from your treating doctor to determine the specialty appropriate for your injury. If the request form is incomplete or improperly completed, the form will be returned to you to correct the problem.

After our office processes your request, you will receive, in the mail, a list of three QMEs. These QMEs are selected at random and should have an office close to you. Only you may select the specialty of the QME who performs the evaluation.

You must make your appointment with one of the QMEs on the list. If the QME cannot make an appointment for an evaluation within 60 days of your call, you may either wait to see that QME of your choice or you may call us to get a replacement QME for your list. After completing the evaluation, the QME must send you a report within:

- (a) 30 days of your appointment - if date of injury is on or after 1/1/94 or,
- (b) 45 days of your appointment - if date of injury is between 1/1/91 and 12/31/93.

Please call the Industrial Medical Council at 1-800-794-6900, or the Information and Assistance officer from the Division of Workers' Compensation at 1-800-736-7401, if you have any questions relating to your workers' compensation claim.

Attachment to: IMC Form 106
IMC Form 105, Rev. 4/14/00